



THE GRAPEVINE

Congratulations!
To Our New FFCCHA President
Lynn Gibson

In this issue>>>

Page

- 2 - Apply for Credential Scholarships
- 2 - Summer Membership Drive
- 4 - Talk of Town - Mayra Marquez
- 5 - Legislative News - HB 5103 vetoed
- 7-8 - Register for AUG Lunch/Hotel/Training
- 9 - Early Care Workforce Study
- 10 - Webinars-Contracts/Policies & Time Mgmt
- 13 - Noticias Latinas de la Asociacion!
- 18 - 2012 FFCCHA Award Winners

August Quarterly State Meeting Weekend

The **hotel** for our Saturday, August 18th, 2012 Full Board meeting is at the Best Western, at 3701 S.W. 38 Ave., Ocala, FL 34474 (352) 237-4848, located West of I-75 (exit #350). If you **send in a Sat. lunch order and hotel application** with payment (page 8), your room reservation will be made by FFCCHA.

*7:00 pm Meet and Greet at pool house

*8:00 pm Conference Team Meeting room 218.

Go to www.familychildcare.org for Weekend Schedule and hotel/training forms.

At College of Central Florida campus

*Saturday, August 18th 8:00 – 9:30 am

Latino Council, Area Rep, & Chapter Rep, Meetings Area Reps: if you are not able to attend, you must notify the Area Rep Coordinator of your proxy in advance. Chapter Reps: if you cannot attend, you can send a proxy by notifying the Chapter Coordinator in advance. If you do not attend or send a proxy, your association forfeits its vote and jeopardizes your Chapter status. **10:45 am – 5:00 pm** (may go longer) Full Board meeting * Sunday, August 19th **8:00 am - Noon** Three trainings to choose from. See page 7.

College of Central Florida, 3001 SW College Road, Ocala FL 34474, University Center (Bldg 41). Directions: From I-75, exit 350 (SR 200 or SW College Ave.) & go east approximately 1 mile. Turn L at the 4th stoplight onto SW 26th St. At the stop sign, turn left. Continue past the post office/bookstore. At the stop sign, turn right. Go 0.3 miles curving through the tree overhang. Bldg. 41, University Center will be on the right. It has a metal statue in front. PLENTY of parking! **Chapter Reps from areas 1-9 are responsible for door prizes valued at \$25 each for the August 18th meeting.**

Farewell Message

This year FFCCHA members took part in a rare event that we hope to see more often, an election of an officer, President Elect! Our upcoming President Elect, Lynn Gibson has been a strong leader as FFCCHA's Legislative Liaison; she has built relationships with our legislatures and has been a force to reckon with during Children's Week!

I encourage our members to continue using their voices and work toward a stronger unified voice under our new leadership. It has been an honor and pleasure serving FFCCHA's members for the past 15 months as your President and look forward to a bright and accomplished future for FFCCHA!

Remember your leadership is vital to the teamwork of FFCCHA!

Karan Hiester

Message from our New President

I want thank you for your vote of support in electing me as your new President. I encourage each of you to share your thoughts and desires for FFCCHA with the local Area and Chapter Reps or Officers on the Full Board. As members, your ideas help us guide this association to work for all of us. I also hope to hear from you about the things you like or dislike and what things you want to continue or change. Please support FFCCHA and spread the word to others about the benefits of membership.

FFCCHA can do great things through our united voice for Family Child Care Providers and the children we serve.

Sincerely,

Lynn Gibson
FFCCHA President



THE GRAPEVINE
Published Quarterly: January, April, July,
and October. Submit Ads and Articles to
Newsletter Editor Eva Anderson
Email: myladyava@gmail.com



Calendar of Events 2012

July

- 18-20 One Goal Summer Conference, Tampa
 18-21 International FDC Conference, Brisbane, Australia, www.ifdco.com
 25-28 NAFCC Conference, Atlanta, Georgia www.nafcc.org
 29 Deadline for Aug FB Meeting Reports: Executive Board & Chairs - send to Secretary Janet Dixon dfcc@bellsouth.net, Area reps – send to stimaz71@yahoo.com, Chapter reps – send to ffcchacc@hotmail.com

Aug

- 9 Reservations due for hotel, Aug 18 lunch & Aug 19 training
 17 Newsletter Deadline for articles in Oct issue
 17 Executive Board Meeting, Best Western, Ocala
 18 Reps, Latino Council, & Full Board Meeting, College of Central FL (University Center, Building 41), Ocala
 19 FFCCHA Training 8am-Noon, College of Central FL (University Center, Building 41), Ocala
 28 Webinar Fundraiser Keeping Your Money in Your Pocket - Contract & Policies

Sept

- 7 ELAC Meeting, Tampa
 14-16 Executive Board Development Weekend, Best Western Brandon
 25 Webinar Fundraiser Getting Things Done on Time – Time Management
 28-29 Expo for Early Childhood Professionals, Broward Convention Center, Ft. Lauderdale

Oct

- 11-13 FL AEYC conference, Marriott World Center, Orlando
 13 Deadline for Nov FB Meeting Reports
 23 Webinar Fundraiser Understanding Your self so You Can Lead Others – Behavior Management

Nov

- 2-4 FFCCHA Leadership Summit/FB Mtg
 7-10 NAEYC Conference, Atlanta, GA
 13 Webinar Fundraiser Getting Your Family Enthused about Family Child Care
 17 Newsletter Deadline

Credential Scholarship News

Submitted by: Diane Brown, FFCCHA Scholarship Chair

This past fiscal year, from July 1, 2011 to June 30, 2012, **FFCCHA awarded a grant total of \$ 8,850** for partial or full scholarships to 30 provider members to obtain credentials. We want to thank DCF- Department of Children and Families for the majority of funding support.

Congratulations to the recipients on their accomplishments!

Credential scholarship recipients from March to May were:

Master Provider –Renewal: **Eva Anderson**, Second Helping Trainer-Renewal: **Eva Anderson**, Train the Trainer: **Karla Carnes**, NAFCC Observer - Refresher: **Eva Anderson**, NAFCC Accreditation - Self Study: **Ruth Lopez, Odalis Gonzalez, Patricia Williams**
New Application: **Trisha Curtis Johnson, Palecia Crawford, Alethia Dittren**
Re-Accredit: **Karen Hiester, Martin Nicholson Wimberly**, Renewal: **Abbie Bill, Gwen Wilson, Shirley McCants**.

More funds will be available after July 1, 2012, but they are limited. Scholarship applications can be printed from website : www.familychildcare.org click on for “For Providers” look under the first bullet “scholarship” Find and click on the word” credential” and print it out. **Requirement:** Must be a FFCCHA chapter provider for one year with out lapse in membership two letters of recommendations from any of the following submitted with completed application: Child Care Agency, Early Learning Coalition. Local FFCCHA Chapter, current parent/client from your home, Food Program sponsor, Training Instructor, Licensing, Community or State College. Note: \$300/person/year is the maximum award: therefore, you must commit to pay the balance on the credentials that exceed \$300.

Mail completed application to: **Diane Brown, Credential Scholarship Chair, 3531 Martha Street Jacksonville, Florida 32209 or E-mail**Brownskids@comcast.net

Membership News – Summer Membership Drive!

Submitted by: Connie Foster

The FFCCHA **Summer Membership Drive** for this quarter is under way. The chapter that submits the most new members from May 1 – July 31, 2012 (new or renewals from providers, advocates or parents) will receive a prize. The winner will be announced at the next Full Board meeting August 18, 2012, in Ocala.

CONGRATULATIONS to **Polk County Family Child Care Association** and **Palm Beach County Family Child Care Association** for winning the April **Chapter** Membership Contest. They both won a \$25 gas gift card.

CONGRATULATIONS to **Abbie Bill** for winning the April 2012 **Parent** Membership Drive Contest. She won a jar filled with nuts and chocolate goodies.

Please check your address on *The Grapevine* (FFCCHA’s Newsletter) when you receive it. The date above your name is when your membership expires. Please remember to renew before you expire to avoid a lapse in membership.

Chapter Membership Officers please remember to fill out the city and emails on the chapter membership applications and to include a self-addressed stamped envelope if you would like your receipt and membership cards before the next meeting.

Membership Breakdown:

Chapter Providers:	638
Individual Providers:	65
Co-Providers:	12
Advocates:	77
Parent Members:	31
Agencies:	6
Honorary Members:	2
<u>Lifetime Members:</u>	<u>5</u>
Total Membership	836

NAFCC Accreditation

Area 7	Diane Brown
Area 20	Latanya Bell
Area 21	Cynthia Chipp Lina Rincon Gretchen Murphy
Area 22	Deborah Mimault
Area 29	Essie Snipe
Area 31	Lillian Jordan



FACT:

Florida has 200 NAFCC Accredited providers, 1st place - highest number of accredited homes in the nation!

40 attended our June state conference and were recognized at the Saturday general session with a gift of 2 hard back children's books.

Members of FFCCHA who serve on Early Learning Coalitions include:

Gwen Wilson, Private Provider
Rep, Marion County

Jackie Fountaine, FCC Advisor,
Sarasota County

Karan Hiester,
Flagler/Volusia County

Rendy Bethel-Avila
Orange County

Mensaje de despedida



Este año los miembros de FFCCHA tomaron parte en un acontecimiento raro que esperamos ocurra mas a menudo, Una eleccion de un Oficial "Presidenta Electa"

Nuestra Presidenta electa Lynn Gibson quien ha sido un lider fuerte para FFCCHA; ella ha contruido relaciones con nuestros legisladores y a sido una fuerza dina'mica durante la semana de los niños!

Animo a nuestros miembros a continuar usando sus voces y trabajar hacia una myor voz unificada bajo nuestro liderazgo. Ha sido un honor y placer haberles servido los ultimos 15 meses como su Presidenta. Estoy mirando hacia un brillante y realizado futuro para FFCCHA.

Recuerde que su liderazgo es vital para el trabajo en equipo de FFCCHA!

Karan Hiester

Mensaje de nuestra nueva Presidenta

Yo quiero darles las gracias por su voto de apoyo al seleccionarme como su nueva presidenta. Yo las ani'mo a cada una de ustedes a compartir sus pensamientos y sus decesos por FFCCHA con un representante de area local o con un oficial de la Junta Directiva. Como miembros, sus ideas nos ayudan a guiar esta asociacio'n para que trabaja para todos. Tambie'n espero escuchar de ustedes acerca de las cosas que les gusta y las que no les gusta y saber que ustedes quieren o decearian cambiar. Por favor apoye a FFCCHA y riego la voz a otros acerca de los beneficios de membresia, FFCCHA puede hacer cosas buenas si nos unimos en una voz como proveedoras de cuido de niños y a los niños que servimos.

FFCCHA Mission: "To represent a united voice on behalf of all children to promote and encourage professional family child care through education, legislation, advocacy, mentoring, caring and love."

Misión de FFCCHA: "Para representar una voz unida en favor de todos los niños para promover y animar al profesionalismo del cuido de niños en familia a través de la educación, legislación, advocacia, mentoría, protección y amor."

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Area 18 - Osceola County

Mayra Marquez is a licensed large family child care provider in Kissimmee, Florida. This past spring, her FCC program earned NAFCC Accreditation and Gold Seal status. She also offers the VPK program. Mayra grew up in New York City and moved to Kissimmee seven years ago. She has 17 years of experience working with children and it has been her life's passion. Little by little, she has been learning all the tasks needed to perfect her profession.

Recently, she was appointed to the Executive Board as the Latino Liaison of FFCCHA. She is honored to be able to represent the Latino voice from all the family child care providers in Florida. She gives the glory and thanks to God for this opportunity and also wants to give thanks to the FFCCHA Executive Board for believing in her and putting this task in her hands. Mayra feels thankful and blessed for the privileges that God has given her including, her husband, John, and her 4 children who have been the biggest support in her life, supporting her through her professional development, growth, and continuing education.

Mayra Marquez

All about FFCCHA, Inc., Family Child Care Providers

Her passion to teach the new generation never ends. She loves to spend time with her husband and children. She is dedicated to them and her work every day of her life, always trying to find the best for everyone that is around her. She likes to share her blessings with others and always trying to help those who are in need, no matter if is a child, family or individual.

Her key to success is to face the challenges with victory in mind and leave everything in the Lord's hands and not worry about what will be coming next because He is in control.

Please submit a "Talk of the Town" article about someone special from Area 25-31. Submissions must be submitted by August 17, 2012 to the Newsletter Editor: myladyava@gmail.com. Thank you!



2013 Calendar-Keeper FFCCHA Fundraiser Order Form \$20 each

With my payment, please reserve ____ 2013
Calendar-Keeper(s) for me to pick up at:

Nov. 3/4, 2012 FFCCHA Leadership Summit/Meeting in Ocala
2012 Calendar Keepers will be available for \$10 at Aug 18/19
Quarterly Meeting/Training in Ocala

Description: Part personal assistant, part creative companion, *The Redleaf Calendar-Keeper™ 2013* will help you stay supremely organized each day, week, and month. It has expense charts, attendance and payment logs, mileage records and detailed income tax worksheets. *The Calendar-Keeper* is the ultimate way to keep your thriving business organized throughout the year and will make tax time a breeze. Also included are kid-approved recipes, kid-tested activities, and helpful hints for kid-related quandaries. It has 100 spiral-bound pages and lies flat for ease of writing.

Name _____
Address _____
City _____ Zip _____
Phone _____
Email _____

Make payment to: FFCCHA, Inc.

Mail order form and payment to: FFCCHA Fundraising
3224 Linden Dr.
Sarasota, FL 34232

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Children are our future, let us help you protect them while protecting you at the same time.

A proud member and sponsor of the
Florida Family Child Care Home Association.

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Credentials Awarded

Congratulations to these hard working ladies who have accomplished these fantastic Credentials!

AAS & AS Childcare Center Management

Area 7 Lucinda Hightower

Director Credential

Area 30 Cecily Roberts
Maria Duran

CDA/FCCPC

Area 30 Cecily Roberts
Camille Gordon-Roberts
Maria Duran

May Meeting News

Submitted by Janet Dixon, Secretary

The FFCCHA Quarterly Full Board was held May 5, 2012 in Ocala. Chris Cross-Holcomb presented a 30 minute Webinar on "How to Maximize Your Meeting Time" to all in attendance. Correspondence to FFCCHA was read from Mel Jurado thanking Tammy Tener, Executive Director for her participation in the Early Learning Advisory Council. An invitation for FFCCHA to join in sponsoring the Early Childhood Expo in Ft. Lauderdale, Florida on September 28-29, 2012 was received by Arleen Lambert.

Funding is now available for Credential Scholarships. Nominations were taken and voting was done by membership in attendance for Volunteer of the Year, Outstanding Teamwork, Officer of the Year, Advocate of the Year, and the Heart Award. Winners will be announced at the Annual Conference in June.

We want to welcome Regina McGlocking as the new Area 9 Rep. Abbie Bill was approved as the appointee for the Professional Development Officer and Debbie Pintar will continue as the Chapter Coordinator for the next two year term ending June 30, 2014. Mayra Marquez was welcomed as the new Latino Liaison to fill a vacant position whose term will end June 30, 2013. Congratulations to Lynn Gibson who was elected as the new President-Elect. Her term will begin immediately and will start a three year term as President on July 1, 2012.

Legislative News

Submitted by: Lynn Gibson

Some things change, and some just stay the same. Bills that were great this year were never heard and bills that had controversy and people standing up to them, had no problem passing the floor.

Just when we thought we knew what would be happening next; on April 20, 2012 Governor Rick Scott vetoed HB 5103. He instructed the Office of Early Learning to implement some parts of the bill. The bullets below have the exact wording from his veto letter:

- Adopt a uniform nationally recognized pre and post assessment to ensure children are making educational gains while participating in the School Readiness programs. The pre and post assessment request for proposal is being finalized and it is anticipated it may be awarded by mid-summer.
- Adopt a statewide standardized School Readiness Agreement to ensure consistency in services to Florida's children by child care providers that choose to take taxpayer dollars. This agreement has been drafted, is currently in the rule making process, and is expected to entirely fulfill the related provisions in this bill.
- Adopt standard chart of accounts for early learning coalitions to ensure proper spending and fiscal accountability. The standard accounting package has been selected and will be integrated within the Office's new Early Learning Information System (ELIS). The Office is currently assisting the 31 Early Learning Coalitions with the transition.
- Ensure that the program continues to support the maximum number of Florida's working families. I have directed Dr. Jurado to utilize her strong business background to strengthen the Office's governance over the 31 early learning coalitions. Work has already begun on the initiative and will continue to ensure tax payer dollars garner a return on investment with children ready for school success.
- Require Florida's Office of Early Learning to enter into data sharing agreements with state agencies to root out fraud and abuse. The office has established a fraud unit and appointed an Inspector General who is already working across agency lines to ensure data agreements are executed and properly implemented.
- Review child care payment rates to ensure fair and equitable rates are being paid to child care providers statewide. The office is working with stakeholder groups to revise its statewide child care payment rate methodology to maximize dollars and protect parental choice.

Next year is a new one.... with chances to work once again on issues that concern Florida's Children. Supporting Florida Family Child Care Home Association helps us get your voice heard in Tallahassee. With support from people like Dr. Mel Jurado from OEL, Mayor George Cretekos of Clearwater and Rep. Jim Frishe from Pinellas County and quality child care providers like the members of FFCCHA, the children of Florida have a better chance of getting the laws in place to protect and support them during their early years.

By-Law Committee

Submitted by Jennifer Skriloff By-Laws Chair



We are working diligently on the upcoming revisions to our current version of FFCCHA By-Laws from 2008. We hope to be voting on necessary changes at the August Quarterly meeting in Ocala.

Please take a look at the current FFCCHA By-Laws and bring any suggestions with you or preferably contact someone on the committee in advance so we will be more informed and prepared to assess the need for further changes.

Do you have any suggestions for necessary revisions to our By-Laws? Would you like to join the committee? If yes to either of these questions, please contact

Jennifer Skriloff, By-Law Chair,
at 941-735-8449 or jenniferskriloff@gmail.com



❧ SAVE THIS DATE ❧

THE MAGIC OF FAMILY CHILD CARE™

2012 NAFCC Conference

July 26 – 28, 2012

Marriott Atlanta Marquis

265 Peachtree Center Avenue
Atlanta, Georgia 30303

For upcoming Conference information go to our website-www.nafcc.org
or call 801-886-2322

WOW! FFCCHA “The Go Green Table”

Submitted: Bernadette Heikkila, FFCCHA Fundraiser

Is located at every quarterly meeting and The Annual FFCCHA Conference. Image finding such deals on learning materials, both new and use that you can use in your family child care business at a very low cost by browsing “The Go Green Table”. We have assorted items that you can purchase for your business.

Visit “The Go Green Table” at each quarterly meeting and conference; you’ll be glad you did. Oh, did I mention you won’t be hungry or thirsty because there are snacks and drinks for sale to satisfy you.

Attention FFCCHA Family Child Care Providers!

Bernadette Heikkila, FFCCHA Fundraiser



As you all may know, that as the FFCCHA Fundraiser, I am responsible for raising funds for our association. This year my recycling table has been doing very well. However, we are low on donations, and on behalf of FFCCHA, I am requesting your support in donating items, that are in good condition, that you no longer use in your child care home, to be donated at the recycling table.

Your generous donation can help many providers who really need learning materials, but can’t afford to buy new learning and teaching materials. Because of your previous support we have had a great turnout at each quarterly meeting, but we can do *even* more!

We look forward to whatever support and donations you can provide. FFCCHA couldn't do it without the generosity of donors like you. I thank you for your time, consideration, and your unselfish support in our association.

Visit FFCCHA Fundraising Tables

“Go Green” Table - Let's Make a Deal!

Second- hand learning materials - Books, Equipment, Toys, and so much more at very affordable prices!

NPLH items:

House Key Chain
Photo Key Chain
Memo Board
Tote Bag

Logo items:

Lapel Pin - New!
Coffee Mug
Ink Pens - New!
Polo Shirts

Business Resources:

2013 Calendar Keepers - pre-pay & reserve orders, Child Care Receipt Books, Record Keeping Guide, Legal & Insurance Guide, Marketing Guide, From Babysitter to Business Owner

A variety of drinks and snacks



**FFCCHA Professional Development
Quarterly Training
Sunday, August 19, 2012
8:00 am – Noon**



Location: College of Central Florida, 3001 SW College Rd, Ocala FL 34474, University Center (Bldg. 41)

Directions: From I-75, Exit 350 (SR 200), go east 1 mile, at 4th stoplight turn left on to SW 26th St. onto campus and go left, continue to stop sign, turn right and go .3 miles to building 41.

Registration Fee: \$30.00 (\$25.00 scholarships available for FFCCHA licensed or registered providers).

If applying **for a scholarship, pay \$5.00**. Make check or money order payable to: **FFCCHA, Inc.**

Please submit this completed form with payment to: **FFCCHA, Inc.,**

9207 Edgemont Lane

Boca Raton, FL 33434

Any questions, please contact: FFCCHA (954) 581-1192 or Aright933@aol.com

Deadline: Must be received by August 9, 2012

Please Print:

Name: _____

Address: _____

City: _____ **Zip:** _____ **County:** _____

Phone #: _____ **Fax #:** () _____

E-mail Address: _____ @ _____

Chapter _____

YOU MUST BE PRESENT THE ENTIRE TRAINING SESSION IN ORDER TO RECEIVE A CERTIFICATE.

PLEASE NOTE: Training starts promptly at 8 am! Arrive as early as 7:30-7:45am to sign in and get CEU paperwork if applicable. CEU's are available for FFCCHA training classes for an additional \$20 fee. A separate CEU application must be completed on the day of training and turned in along with the \$20 fee.

Select one Session:

___ **PBS Literacy & Math Resources for Early Learning & How to Use Them** **by PBS Kidvision**

This workshop will cover national and Florida resources that meet early learning standards and provide on-going resources for educators to use with children. It will also include professional development to earn CEU credits free to child care providers and teachers.

___ **Leadership Development (must attend both sessions)**

Membership 8:00 - 10:00 am

by Connie Foster, Membership Officer

Learn how your local chapter's membership is processed at the state level. We will also cover the benefits of belonging to a local chapter, the importance of keeping your membership up to date and some ideas to bring in new members.

Area Representative 10:00 am - Noon

by Arleen Lambert, Area Rep. Coordinator

Interested in becoming an Area Rep? Not sure what the position is all about? Join this training and find out! What are the requirements and how you can help FFCCHA by becoming an Area Rep in your county.

___ **!Acertando desde el principio!**

Instructora Lisa Anes

Aprenda como desarrollar reuniones con exito y como hacer miembros o lideres efectivos. Aprenda las responsabilidades de varias posiciones dentro de su asociacion local.

___ Please check if applying for a training scholarship and explain in a minimum of 50 words why you want to take this training and how you plan on using it in your family child care home business. Please write neatly on lines below only.

If you need an accommodation because of a disability in order to participate in the child care training process: contact FFCCHA at least two weeks prior to the first training date at (954) 581-1192 between 8:00a.m. - 5:00p.m Monday through Friday.

The deadline is August 9, 2012. There will be NO refunds after this deadline. If you do not attend this training, the training fees will not be refunded or transferred to another person. Returned checks will be assessed a \$47 fee.

Confirmation will be emailed to you by 8/13/12.

**FFCCHA Quarterly Meeting Lunch/Hotel Application**

Best Western Hotel

3701 S W 38th Ave. Ocala, FL 34474 (off 1-75, exit 350, go west)

____ **Networking Lunch (optional): \$10/person on Sat. Aug. 18, during Full Board Meeting**

Select one: ____ Turkey on Kaiser ____ Ham on Kaiser ____ Turkey Wrap ____ Chef Salad

Hotel reservations are for one or two (2) nights (Friday evening, Aug. 17 & Saturday evening, Aug. 18) while you are attending the FFCCHA Full Board meeting and/or training at the College of Central Florida campus in the University Center, Building 41 (exit 350, go east).

To qualify for room reservations recipients must:

Be a FFCCHA member.

Attend the State Full Board Meeting on August 18, 2012.

Complete form(s) and send so they are received no later than August 9, 2012.

Include full payment with this form or the application will not be accepted.

Hotel **reservations** must be **made by FFCCHA!** Room reservations will **NOT** be made without the proper form(s) and the money submitted. If also attending Sunday, **training scholarship applications must be sent in with this hotel form.**

If you select option 1 or 3 below, please list your roommate preference. If you do not designate a roommate, one **will be assigned**, if available. All considerations will be taken in order to meet your request.

Hotel Reservations for August 17-19, 2012

Check one option:

Option 1 ____

Two people to a room

Each person will **pay \$65.00** to stay two nights at the hotel.

Option 2 ____

Single or Family Room

You will **pay \$130.00** to stay two nights at the hotel.

Option 3 ____

Two people to a room for ONE night only – check: ____ Fri 8-17-12 or ____ Sat 8-18-12

Each person will **pay \$32.50** to stay ONE night at the hotel.

Option 4 ____

Single or Family Room for ONE night only - check: ____ Fri 8-17-12 or ____ Sat 8-18-12

You will **pay \$65.00** to stay ONE night at the hotel.

Your Name: _____ **Roommate Name:** _____

Email: _____ **Email:** _____

Please Read The Following Statement ----- Sign & Date!

I, the undersigned, do hereby state: the above information is correct to the best of my understanding. I understand that these rooms are being paid for with FFCCHA, Inc. money. Friends and family members may **NOT** use this room, unless I have chosen option # 2 or # 4. I understand that I will be assigned a roommate. I understand if I do not attend the Full Board meeting, I will be responsible for the **full cost** of my hotel room. I understand my reservations will be voided if I do not abide by the guidelines of this contract.

Signature: _____ **Date:** _____

Please make money order or check payable to: **FFCCHA, Inc.**

Returned checks will be assessed a \$47 fee. NO REFUNDS.

Mail to: FFCCHA, 9207 Edgemont Lane, Boca Raton, Florida 33434

Any questions, please contact: FFCCHA (954) 581-1192 or Aright933@aol.com

Only completed form(s) with payment will be accepted and deadline will be strictly adhered to!

If you need an accommodation because of a disability in order to participate in the child care training process, contact FFCCHA at least two weeks prior to the first training date at (954) 581-1192 between the hours of 8:00a.m – 5:00p.m. Monday through Friday.

Completed forms will be dated as received, in case we exceed the allotted amount of FFCCHA room block. Your hotel reservation and scholarship **confirmation will be e-mailed to you by August 13, 2012.** Please print your e-mail address clearly.

For Office Only: Date Rec'd Check # Cash Money Order Amount \$ Scholarship: Approved / Denied

Join the 2013 Conference TEAM!!



helpers in Advertising, Donations/door prizes, Photographer, and more.

Now is your chance to be a part of the team that organizes the best state family child care conference in the nation!! We are **looking for new volunteers** to be leaders of the following open team positions: *Ads for Program Book, Workshops/ Presenters, Evaluations, Layaway Plan, Parent Sponsors, Hostess Intake, Scholarships, and*

Please contact Tammy Tener tenerfcc@gmail.com if you are interested. The first 2013 Team Meeting will be 8pm, Saturday night, August 18, 2012 at the Best Western Hotel in Ocala.

Visit www.familychildcare.org and click on conference for the new 2013 conference Save the Date flyer and Hotel Layaway form. **Most forms will be available soon in Spanish too.**

Area Rep News

Submitted by: Arleen Lambert



Congratulations! Jenine Swain
Area Representative of the Quarter



We thank you for your dedication to family childcare.

Area Representatives are currently working on a strategic plan to assist non member providers to join associations and support groups in their area.

I would like to thank everyone for coming out at the May 5 **Meet and Greet** in Ocala to support each other as we celebrated ourselves, for **Provider's Appreciation Day**.

Welcome **new Area 23 Representative, Nancy Dougherty, from Manatee County**, on becoming the latest edition to the team! We are currently, looking for new Area Representatives for the following areas:

1,2,3,4,5,6,7,11,14,15,16,24,25,27,28.

If you like working as an advocate in your community, sharing information with your peers, and childcare partners, this is the perfect job for you! Please contact Area Rep Coordinator, Arleen Lambert at [\(305\)651-9617](tel:3056519617) or e-mail: stimaz71@yahoo.com.

Mentor News

Submitted by: Abbie Bill, Mentor Program



To current certified mentors: If you have not mailed me the requested information, please do so.

The Certified Mentors on our website has been updated. If you do not see your name and believe it should be there, please contact me.

Questions? E-mail flmentorgpm@aol.com or call 561-482-6038

Exciting Opportunity!

**Contribute to the State of Florida
Early Care Workforce Study!**

We are pleased to share an exciting opportunity to contribute to the State of Florida Workforce Study! The Children's Forum is commissioned and funded by Florida's Office of Early Learning to conduct a Florida statewide early care and education (ECE) workforce study this year. This is the first study of its kind conducted in the state since 2001. The study will collect comprehensive information about the ECE workforce to influence policymakers and build a quality early care and education system in the state of Florida.

In the coming weeks, a representative group of child care providers throughout Florida will be selected to participate. Selected programs will receive information from the Children's Forum on how to participate in the study which will include surveys and interviews. We look forward to this opportunity to provide meaningful information on Florida's early learning workforce. If you are contacted to participate, we ask for your cooperation. All participation is voluntary. For more information about the Early Care and Education Workforce Study, please contact Melissa Clements, Director of Research and Programs, at [850-487-6351](tel:8504876351) or mclements@flchild.com.

All to Gain and Nothing to Lose

Join FFCCHA Board in a Health Challenge
At

The Meet and Greet in Ocala

August 18th 2012

At 7:00pm



Learn how to make healthy shakes and prepare simple salads.

Come ready to use dance moves and exercise routines to make you into a lean, mean home childcare machine.

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Order your c.d.'s Including Homecoming and We Hold the Future With "The Provider Anthem" All the songs we sang in Clearwater!

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Florida Family Child Care Home Association Fundraiser —2012

Train right in your own Home—Webinars for only \$10
These webinars includes handouts and certificate (a \$32 value).



Get Paid and Get Paid on a Time - Contract and Policies

Tuesday, August 28, 2012 7-9pm Only \$10

Without a solid contract and airtight policies on file for each of your clients, you may find it very hard to not only get paid on time - but to get paid at all! This workshop discusses the importance of making your contract and policies work FOR YOU instead of against you. © 2012 Cross Roads to Success, LLC

Getting Things done on Time - Time Management

Tuesday, September 25, 2012 7-9pm Only \$10

Do you ever wonder where the time goes? Do you ever feel that your business is taking up valuable personal/family time? Do you ever wish you could have a secretary to follow you around every day so that you could finish up on many of the projects that you don't have time for? Well, help is here! Come learn valuable techniques and new ideas that will give you more time for the important things in your life. © 2011 Cross Roads to Success

About the Trainer: Chris Cross-Holcomb has presented hundreds of highly informative keynote presentations and training seminars specific to the field of family child care. Her experiences, not only as a family child care provider, but also as a local, state and national leader gives her the authenticity that audiences can appreciate. Chris has a dynamic presentation style with a unique blend of humor and sparkling enthusiasm. Viewers across the country appreciate her high energy and down-to-earth common sense!

To Register: Email Chris Cross at chris@crossroadstosuccess.com and give her the name of the workshop you would like to attend, your name, phone number and email address.—or call her at 478-345-0701. After you have registered, **mail a check or money order payable to** Chris Cross at 446 Jackson Road, Round Oak, GA 31038. As soon as your payment is confirmed, you will receive a confirmation email.

FLORIDA FAMILY CHILD CARE HOME ASSOCIATION, INC. - JULY 2012

Officers - Executive Board	Name	Address	City/Zip	Phone/Fax	Email
President	Lynn Gibson	8697 78 th Ave. N.	Seminole 33777	727-397-6982/727-397-8321	Childcarelaws@aol.com
Vice President	Open				
Secretary	Janet Dixon	1506 Kirby St.	Palatka 32177	386-312-6272	dfcc@bellsouth.net
Treasurer	Anne Brooks	2801 Dovewood St.	Clearwater 33759	727-797-2814	AnneEBandTreasurer@tampabay.rr.com
Membership	Connie Foster	164 Poplar Dr.	Interlachen 32148	386-684-1235	Cfoster206@aol.com
Area Rep Coordinator	Arleen Lambert	19811 NW 7 th Ave.	Miami Gardens 33169	305-651-9617	Stimaz71@yahoo.com
Public Relations	Open				
Chapter Coordinator	Debbie Pintar	6829 Guilford Bridge Dr.	Apollo Beach 33572	813-741-0920	pintarpak7@hotmail.com
Latino Liaison	Mayra Marquez	101 Gardenia Rd.	Kissimmee 34743	407-350-4239	mmlatinoliason@gmail.com
Professional Develop.	Abbie Bill	9207 Edgemont Lane	Boca Raton 33434	561-482-6038	ARight933@aol.com
Fundraising	Bernadette Heikkila	3224 Linden Drive	Sarasota 34232	941-371-0344	weluvkids@comcast.net
Legislative Liaison	Open				
Executive Director					
Conference and Contracts	Tammy Tener	280 Country Sun Cove	Oviedo, FL 32765	407-366-8467/407-366-5624	tenerfcc@gmail.com
Area Counties	Area Representatives – Full Board				
1 Escambia	1 Open				
2 Santa Rosa	2 Open				
3 Okaloosa, Walton	3 Open				
4 Holmes, Jackson, Franklin, Bay, Washington, Calhoun, Gulf	4 Open				
5 Liberty, Gadsden, Leon, Taylor, Wakulla, Jefferson, Madison	5 Open				
6 Hamilton, Suwannee, Lafayette, Columbia, Union	6 Open				
7 Duval	7 Diane Brown	3531 Martha St.	Jacksonville 32209	904-353-4803	brownskids@comcast.net
8 Nassau, Baker, Clay, Bradford	8 Open				
9 Putman, St. Johns	9 Regina McGlocking	972 Puryear St.	St. Augustine 32084	904-826-1801/904-826-1540	LittleDarlings09@yahoo.com
10 Alachua	10 Open				
11 Citrus, Dixie, Levy, Gilchrist, Sumter	11 Open				
12 Marion	12 Patricia Williams	2302 NW 24 th Road	Ocala 34475	352-867-0610	Pathways2@embarqmail.com
13 Flagler, Volusia	13 Open				
14 Lake	14 Open				
15 Seminole	15 Open				
16 Brevard	16 Open				
17 Orange	17 Rendy Bethel-Avila	6808 Amarilla	Orlando 32819	407-354-0840	Ravila7998@att.net
18 Osceola	18 Monica Napolitano	200 Seabreeze Circle	Kissimmee 34743	407-962-0192	toddertownfcc@yahoo.com
19 Pasco, Hernando	19 Barbara Lengell		Brooksville 34613	352-556-3387	barbaralengell@gmail.com
20 Polk	20				
21 Hillsborough	21 Tandra Newton	953 Sandywood Ave.	Brandon 33510	813-681-7562	tinystepslearning@yahoo.com
22 Pinellas	22 Mary Mitchell	2028 62 nd Avenue S.	St. Petersburg 33712	727-864-8909	alichelams@verizon.net
23 Manatee	23 Nancy Dougherty	607 65 th Ave. Dr. W	Bradenton 34207	941-752-9226	knscdou@verizon.net
24 Sarasota	24 Open				
25 Hardee, Highlands, DeSoto, Charlotte	25 Open				
26 Okeechobee, Indian River, Martin	26 Open				
27 St Lucie	27 Open				
28 Lee, Hendry, Glades, Collier	28 Open				
29 Palm Beach	29 Open				
30 Broward	30 Katie McPherson	413 S.W. 6 th Avenue	Hallandale 33009	954-454-2970	ktdaycare@aol.com
31 Miami-Dade, Monroe	31 Jenine Swain	22705 S.W. 113 Ct.	Miami 33170	305-251-7752	willieswian@att.net
Finance Assistant	Sande Harper	3601 63 St N	St. Petersburg 33710	727-345-0299	sharper3601@aol.com

FLORIDA FAMILY CHILD CARE HOME ASSOCIATION, INC. - JULY 2012

Area	Chapter Name	FULL BOARD Chapter Rep.	Phone	E-Mail	Chapter Address
1	NW Florida FCC Home Association	Shirley McCants	850-968-4624	sfmccants@panhandle.rr.com	Cantonment 32533
2	Emerald Coast Professional CC Assoc.	Daffraneeze Riley	850-623-5315	rileykarefch@yahoo.com	Milton 32583
7	Family Child Care Assoc. of Jacksonville	LuCinda Hightower	904-475-0458	sharp_andrew@bellsouth.net	Jacksonville 32209
7	North Florida Assoc. for Early Child Care	Sherrie Bryant	904-730-6188	sfroggie1@bellsouth.net	Jacksonville 32257
9	Putnam County FCC Provider Association	Renie Roach	904-392-0205	rrroach@bellsouth.net	St. Augustine 32092
12	Marion County FCC Home Association	Deserie Dickson	352-789-6836	dezplayland50@yahoo.com	Ocala 34479
15,17,18	Central Florida Association for FCC	Alethia Dittren	407-870-1569	dittren01@netzero.com	Kissimmee 34745
19	West Pasco Family CC Home Association	Nancy Nairns	727-856-3428	bandn86@earthlink.net	Spring Hill 34610
19	Natures Coast FCC Home Association	Barbara Lengell	352-556-3387	barbaralengell@gmail.com	Brooksville 34613
20	Polk County Family Child Care Assoc.	Bettye Wilson	863-419-1273	bwilson1098@yahoo.com	Haines 32844
21	HCCPA of NE Hillsborough County	Gleneta Powe	813-841-1795	Gpowe1363@yahoo.com	Tampa 33619
21	Quality Family Home CC Provider Assoc.	Debbie Pintar	813-741-0920	pintarpak7@hotmail.com	Brandon/Riverview/Apollo Beach
22	FLEXx Production Southside CC Assoc.	Francine Williams	727-410-5873	Ladyflexx43@yahoo.com	St. Petersburg 33712
22	Heart to Heart Child Care Association	Anne Brooks	727-797-2814	AnneEBandTreasurer@tampabay.rr.com	Clearwater 33759
22	Pinellas Providers Home CC Assoc	Robin Vasil	727-345-5581	rLvasil@tampabay.rr.com	St. Petersburg 33709
23	HCC Providers Assoc. of Manatee Co.	Jennifer Skriloff	941-735-8449	jenniferskriloff@gmail.com	Parrish 34219
24	Hand 'N Hand CCA of South County	Liz Jimison	941-423-8376	npjim@msn.com	North Port 34286
24	SPICE- Supporting People in Caring Environments	Amy Steverson	941-924-4812	seversondebbie@yahoo.com	Sarasota 34231
24	Rock Soup CC Providers Support Group	Margline Bess	941-536-3066	bessmargline@yahoo.com	Sarasota 34234
25	Charlotte County FCC Home Association	Alessia Kopczynski	941-286-7510	aleeshafch@gmail.com	P.O.Box 49466 Port Charlotte 33949
29	Palm Beach County FCC Association	Martina Wimberly	561-842-1768	mnwimberly@att.net	Riviera Beach 33404
30	Broward County FCC Association	Jenny Turnquest	954-458-9658	jmtturnquest@aol.com	Hallandale 33009
30,31	Asociación Prof de Cuidado Infantil Domiciliario	Yorislav Matos	305-401-8395	Yorislav7@yahoo.com	Miami 33015
31	South Florida Home CC Association	Arleen Lambert	305-651-9617	Stimaz71@yahoo.com	Miami Gardens 33169
31	United Professional CC Prov. of South FL	Sonya Williams	305-910-7382	Sonyawilliams50@yahoo.com	Florida City 33034
31	FCCPA of Miami-Dade County	Elizabeth Stamp	786-430-0197	stampfch@yahoo.com	Miami 33157

Committee Chairs (non-board positions)

Advisory	Open		Internal Affairs	Open	
Awards	Nancy Dougherty 941-752-9226	knsdcou@verizon.net	M.E.N.T.O.R	Abbie Bill 561-482-6038	FLMentorpgm@aol.com
Bylaws	Jennifer Skriloff 941-735-8449	jenniferskriloff@gmail.com	Newsletter	Eva Anderson 850-936-0348	myladyava@gmail.com
Chaplain	Katie McPherson 954-454-2970	ktdaycare@aol.com	Nomination	Open	
Finance	Anne Brooks 727-797-2814	AnneEBandTreasurer@tampabay.rr.com	Scholarship	Diane Brown 904-353-4803	Brownskids@comcast.net
Historian	Open		Translation	Maria Ortiz 407-323-3761	Angie51456@hotmail.com
Hospitality	Open		Webmaster	Mary Tingiris 813-962-3905	mtingiris@gmail.com

FFCCHA: 9207 Edgemont Lane, Boca Raton, FL 33434

Phone: 954-581-1192 Fax: 407-366-5624

E-mail: info@familychildcare.org

OPEN Board Positions as of 6/17/12 - Apply now for the following VACANT positions:

Executive Board: Legislative Liaison, Vice President (until term ending June 30, 2013)

Public Relations (to begin 2 year term on July 1, 2012)

Full Board: Area Reps are needed for Areas: 1-6, 8, 10, 11, 13-17, 24-29

(Even # will start 2 year term on July 1, 2012 and Odd # to complete term now until June 30, 2013)

Open Committee Chairs (non-board positions):

Advisory, Historian, Hospitality, Nomination, Internal Affairs, and Parliamentarian

All applications are available on the website www.familychildcare.org on the "All About Us" page or by contacting Gwen Wilson (temporary until new Nomination Chair has been appointed). Applications can be submitted via e-mail, mail, and fax or hand delivery. Questions: e-mail Gwen Wilson at Gwenlo50@hotmail.com or call 352-351-5370.

Chapter News

Debbie Pintar, FFCCHA Chapter Coordinator

We had a great time May 5th in Ocala; wonderful fellowship, training and information given our way. I encourage everyone to go the next time, August 18th. Many of you will be receiving letters from the IRS in the mail. Please make a copy and then send them to me, so I will be able to take care of them.

Soon after May 31st, you should be getting your audits completed. Remember it takes three non-board members to complete an audit. Be sure to use the audit form and have them approved by the chapter (Assoc.), you can email me if you need a copy of the form. This is also the time to get your budget and agenda for the year June 2012-May 2012 completed and approved by the chapter (Assoc.). Please send the minutes where they were approved with the rest of the paperwork.

Also, if you had any changes in the chapter's board please fill out the forms and send them in as soon as possible. I can email you any forms you need, just email me.

If you have any questions or concerns just give me a call. 813-741-0920 email address: pintarpak7@hotmail.com

Noticias Latinas de la Asociacion!

Hola, mi nombre es **Mayra Marquez**. Acabo de ser nombrada como **LATINO LIAISON** (Enlace Latino) del grupo ejecutivo del FFCCHA. Es un placer para mi poder escuchar la voz hispana en este rol de proveedoras de cuidado de niños. Ante todo doy Gloria y gracias a Dios por este nombramiento y por supuesto al grupo ejecutivo que creyo en mi y puso esta tarea en mis manos.

Quiero aprovechar esta oportunidad para contarles un poco de mi y las metas que nos estamos trazando en beneficio de nosotras las proveedoras de habla hispana. Mi vida corre entre mi Large Family Child Care, mi familia, los padres de familia, mi continuo estudio y otras multiples tareas; llevo 17 años apasionada por los niños y sus multiples cosas. Vengo de New York y me radique en la ciudad de Kissimmee hace 7 años y poco a poco he ido empapandome de los multiples quehaceres que demanda esta profesion.

Como vocera de ustedes, quiero invitarlas a participar activamente de las diferentes actividades y reuniones que la asociacion hace para mantenernos actualizadas y asi mismo poder escucharlas con sus comentarios, sugerencias y quejas, para que se canalicen a travez de mi y puedan llegar hasta la parte ejecutiva y sean tratadas. Utilicemos este enlace para que nuestra voz retumbe. mmlatinoliason@gmail.com

Con todo Aprecio
Mayra Marquez
FFCCHA Latino Liaison

FFCCHA Logo Shirt/Bag Order Form

Color logo is machine stitched on the front.

All shirts are made of 50/50 cotton/polyester.

Description	Color	Circle Size & Price	Quantity	Total
Polo Shirt Circle color:	Black, white, orange, green	XS, S, L, XL = \$22, 2XL = \$24, 3XL = \$26, 4XL = \$28, 5XL = \$30		
Short Sleeve Shirt buttons full length	White only	XS, S, L, XL = \$28, 2XL = \$31 3XL = \$32, 4XL = \$34		
Long Sleeve Shirt buttons full length	White only	XS, S, L, XL = \$29, 2XL = \$31, 3XL = \$33, 4XL = \$35, 5XL = \$37		
Fabric Briefcase Bag w. zippers, handle, adjustable shoulder strap, 6 pockets, key & pencil holder, ID. tag	Black only	16"L x 13"H x 4"W expands to 6"W \$26		

All orders received and pre-paid by August 1st can be picked up at the August 18th State Full Board Meeting in Ocala.

Name: _____ Phone: _____ Cell: _____
Address: _____ City: _____ Zip: _____
E-mail: _____ Pick Up Date: _____

___ Direct Shipment to address above: Add \$6 for one item, \$12 for 2-4 items, \$16 for 5-8 items.

Make check/money order payable to: **FFCCHA**. Send order and payment to: **FFCCHA Fundraiser**

Questions? Call: 941-371-0344

Email: weluvkids@comcast.net

3224 Linden Drive
Sarasota, FL 34232

SUMMERTIME.....How to stay safe!

Submitted By: Samantha Wass de Czege, Department of Children and Families, Child Care Regulation

SUMMER.....remember how that simple term brings so much excitement, especially as a child. Summer meant lots of water play, and extended lengths of time outdoors to run, explore and play...to just be a kid. But, what does not come to mind is all the hazards that come with the summertime.

The National Safe Kids Campaign estimates that every year, one in four children ages 14 and younger will sustain an injury that requires medical attention. Forty percent of all injury-related [emergency room](#) visits and 42 percent of all injury deaths happen between May and August, they report. We can keep children free from about 90 percent of these accidents by educating ourselves and our children on how to stay [safe](#) while still enjoying summer vacation.

As we begin enjoying our summertime, let's plan and take a few extra steps to reduce the risk for common injuries to children. Discovery Health recommends the following 10 safety tips to keep everyone safe:

1: Sunburn - According to the Skin Cancer Foundation, getting one blistering [sunburn](#) when you're a child doubles your chances of developing melanoma.

Regardless of age and skin type (whether or not you burn easily), the American Academy of Dermatology recommends that everyone, adults and children alike, apply a water-resistant sunscreen that protects against both UVA and UVB rays every day of the year. Yes, even in winter and on cloudy days. Choose a sunscreen that is at least [SPF 30](#) and apply it 15 to 30 minutes before going outside.

When using sunscreen, apply as much as would fill a shot glass -- and if you're using both sunscreen and insect repellent, apply sunscreen first and then repellent.

2: Hydration - Did you know that if you're feeling thirsty, you're already mildly dehydrated? Relying on thirst as a reminder to take a drink leaves you at risk for dehydration. So to be sure children are OK, look for these other signs, instead, which can indicate that a child is dehydrated:

- Dizziness
- Dry mouth
- Cessation of sweating
- Irritability
- Lethargy
- Fatigue
- Dark yellow urine
- Anuria (lack of urine) for 12 hours (or 6 hours for infants)
- Tearless [crying](#)
- Sunken eyes

Help children avoid becoming dehydrated by reminding them to drink often throughout the day. The American Academy of Pediatrics (AAP) recommends drinking about every 20 minutes if children are active in sports, about five ounces is right for a child weighing 88 pounds. Water and sports drinks (drinks that contain electrolytes) are the best options for hydrating -- avoid sodas, juice and other fruit [drinks](#).

The National Alliance for Youth Sports recommends choosing beverages that contain 100 mg (or more) of sodium and 28 mg (or more) of potassium in an 8-ounce serving (if choosing sports drinks, watch out for high sugar content).

3: Heat-related Illness - Staying hydrated in hot weather can help reduce the risk of heat-related illness. Keep water or sports drinks (with electrolytes) on hand to maintain hydration, and try to stay in a shady or air-conditioned location during the hottest parts of the afternoon.

Mild symptoms -- heat exhaustion -- may include feeling thirsty, fatigue and cramps (legs or abdominal). If left untreated, heat exhaustion can progress to heatstroke.

Heatstroke is serious. Symptoms may include any of the following: dizziness, trouble breathing, headaches, rapid heartbeat, nausea, vomiting, confusion and changes in blood pressure. Skin may be flushed and feel hot and dry (not sweaty). Body temperature may rise to 104 degrees F or higher, and as it becomes more severe, the risk of organ damage (to the liver, kidneys and brain) increases.

Children are more susceptible to heat illnesses than adults are because their central nervous system is not yet fully developed. Strenuous activity and dehydration make it difficult for young bodies to regulate changes in body temperature, and chronic health conditions such as diabetes or cardiovascular disease and medicines such as antihistamines also increase the risk. Children are also at risk for heat illnesses if left in a hot car -- even if the windows are cracked and even if it's only for a few minutes. Never leave a child unattended in a car.

4: Food Poisoning - Summertime offers so many gorgeous days for picnicking and cookouts. But don't let the heat ruin the outing -- food-borne illnesses are caused by bacteria (such as E.coli, Salmonella, Clostridium botulinum, Listeria, Campylobacter and Clostridium perfringens), viruses (such as Norwalk virus), parasites and other toxins.

Food-borne illness looks a lot like the flu, and typically includes nausea, stomach cramps, vomiting and diarrhea. Symptoms can range from mild gastrointestinal discomfort to bloody stools. One of the best ways to avoid food poisoning during the summertime is to be sure food items that contain mayonnaise, milk, eggs, meat, poultry and seafood aren't kept at room temperature for more than an hour or two (one hour max if it's 90 degrees Fahrenheit outside).

And remember, meat and eggs aren't the only culprits; raw fruits and vegetables can cause problems if not properly washed and stored. If you're traveling with food, be sure to pack any raw meat separately from ready-to-eat foods to avoid contamination.

5: Poison Ivy - [Poison ivy](#), as well as poison oak and sumac, contains an oil called urushiol, which when it comes in contact with skin, causes an allergic reaction in about 85 percent of the population. The subsequent rash that develops will only appear where the skin came in contact with the plant's oil -- and luckily, it isn't contagious, but it can spread through indirect contact (such as petting a dog that has run through poisonous plants).

SUMMERTIME.....How to stay safe! Continue page 14

Symptoms of a poison ivy rash may include:

- Itchy skin
- Redness or red streaks
- Small bumps or hives
- Blisters that drain fluid when popped

The only way to avoid developing the rash is to avoid contact with these [poisonous plants](#), but wearing clothing that covers a good amount of skin will help reduce your risk. The American Academy of Dermatology recommends home treatment for mild cases, including cool showers and oatmeal baths. If itching and swelling become moderate to severe, prescription medications can be used to reduce symptoms.

6: Safe Rides - Whether or not you wore a [helmet](#) while riding your bike as a child, it's a must these days. Nearly 300,000 children make a visit to the emergency room every year with bike-related injuries, some resulting in death or severe [brain injury](#). Wearing a helmet can help reduce your child's risk of making such a visit. The Consumer Product Safety Commission (CPSC) sets standards for helmets, so be sure to choose one with its safety seal on it.

Keeping children safe on their bikes also means sending them out on bikes that fit. Checking that a child hasn't outgrown last year's ride is easy: Have the child straddle the top bar of his or her bike with both feet flat on the ground. A 1 to 3-inch gap between the bar and the child's body means it's still the correct size.

7: Playground Safety - More than 205,000 kids visit [emergency rooms](#) with playground-related injuries every year, estimates the Consumer Product Safety Commission (CPSC). Many of these injuries could be prevented with a little precaution and adult supervision.

Check the playground equipment before letting a child play on it. For example, surfaces that are too hot can cause burns, and loose ropes -- ropes that aren't secured on both ends -- can cause accidental strangulation. The ground should be covered in a protective surface such as rubber mats, wood or rubber mulch or wood chips, never grass, asphalt or concrete. The right surface materials could reduce the risk of [head injury](#) or other severe injury in the event of a fall. Also, be sure that a child's clothing is playground-friendly: Remove any strings, such as those on hoodies, only let them wear closed-toed shoes at play and avoid clothing that is loose enough to catch on equipment.

8: Pool Safety - They don't hang those "No running!" signs poolside for decoration. According to SafeKids, in 2006 more than 3,700 children younger than 5 years old were injured in [near-drowning](#) incidents, and every year, more than 830 children ages 14 and younger die due to unintentional drowning.

It should go without saying but we'll say it anyway: Never leave children alone near the [pool](#), no matter what their ages or swim capabilities are. Caregiver/Parents can and should take precautions around home pools, in addition to closely supervising children while they swim. Installing fencing around pools, at least 5-feet high, all the way around and with a self-closing, self-latching gate, can prevent 50 to 90 percent of accidental drowning incidents. Pool and gate alarms -- they alert you to when the pool water becomes agitated and when the gate is opened adding another layer of protection.

9: Ticks - Outdoorsy types aren't the only ones who need to worry about [ticks](#) -- a tick could be picked up in your own yard while gardening or playing outside. Prevent tick bites and tick-borne illnesses with these four steps:

Clothing - It's smart to wear light-colored clothing and shoes during the summertime because they help keep you cooler -- and, as it turns out, this will help you spot any ticks that may be crawling on you. Also, although it won't win you any fashion awards, tucking pant legs into socks can help minimize ticks crawling up legs or into shoes.

Repellent - Insect repellents that contain [DEET](#) or permethrin can reduce chances of tick bites. DEET products may be applied directly to exposed skin (not skin under your clothing) and to clothing, but should be used sparingly on kids -- look for products with about 20 percent DEET concentration, and apply it to your child's body, avoiding his or her face and hands. Permethrin should only be applied to clothing.

Know Your Enemy - Ticks like to hang out in grassy or wooded areas, and they are especially fond of places that are moist or humid. **Be Vigilant with Tick Checks** - Do a tick check on everyone (children and family) every night. Contracting a tick-borne illness can take up to 36 hours if a tick isn't removed, so you want to be prompt and thorough. The Centers for Disease Control and Prevention (CDC) recommends checking under the arms, between the legs, around the waist, inside the navel, and don't forget the hairline and scalp.

Tick removal isn't complicated but there is a technique. Use fine-tipped tweezers, not your bare fingers, to detach the tick. Hold the tick in the tweezers (get as close to the skin as you can) and pull upwards. Be as steady as you can, as twisting and turning could cause the tick's mouth to break off under the skin (if that happens, use your tweezers to remove it). That's it -- it's out! Disinfect the area and you're done.

10: Bites & Stings - Planning to spend time outside means planning to spray yourself and your children with insect repellent -- repellents don't kill insects, but they can help reduce bites from [mosquitoes](#), ticks, fleas and other bothersome bugs.

There are different types of repellents: those that contain [DEET](#) and those that don't. Use insect repellents containing DEET on a child sparingly. Never use repellent on infants and check the levels of DEET in formulas before applying to older children -- DEET can be toxic. Repellents with 10 to 30 percent concentrations of DEET can be used on exposed skin, clothing, and shoes but do not apply it to faces or hands. If you want to avoid DEET, the Centers for Disease Control and Prevention (CDC) recommends repellents that contain picaridin or oil of lemon eucalyptus, both are non-toxic and able to reduce mosquito bites just as well as formulas with low levels of DEET. Following these 10 summertime safety tips will help keep children and yourselves safe!

Don't forget to obtain written authorization prior to applying sunscreen and insect repellent.

Maria Trimarchi, "10 Summer Safety Tips for Kids," n.d., <http://health.howstuffworks.com/pregnancy-and-parenting/parenting/10-summer-safety-tips-for-kids.html> (accessed May 17, 2012)

Save the Date

Enhancing Our Minds...
in 2013



FFCCHA
21st Annual Conference
Sheraton Sand Key Resort
Clearwater Beach, FL
June 25-30, 2013

Pre-Conference: June 26-27

NAFCC Observer Training • FFCCHA Certified M.E.N.T.O.R. Training

Saturday Keynote

Unharness Your Creativity with Patricia Dischler
former FCC provider, author and new NAFCC President

Concilio Latino y Talleres en Español
(Latino Council and Spanish Workshops)

20th Birthday Celebration! (FFCCHA incorporated in 1993)

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Enjoy... invigorating morning walks in the sand; inspiring, motivating workshops during the day; and

relaxing evening of beautiful sunsets on the Gulf

Thank you

2012 Conference Team Members

for another *GREAT* conference! Everyone worked very hard for many, many, many, many hours and your efforts are truly appreciated!! It takes teamwork to achieve success! Every member did a superb job!!

Executive Director (Conference Coordinator, Presenters & Marketing): **Tammy Tener**

Assistant Coordinator (Registration, Deposits, Layaway Plan & Hotel Rooms): **Abbie Bill**

Fundraising Tables: **Bernie Heikkila & Martha Orcutt**

Hostess/Volunteers: **Connie Foster & Cathy McCoy**

Exhibitors & Resources: **Barbara Lengell**

Program Book Layout/Photographer: **Jennifer Skriloff**

Dècor/Theme: **Carole Caffentzis**

Donations: **Jenny Turnquest**

Pre-Conference: **Karla Carnes**

Children's Concert: **Lynn Gibson**

Awards: **Nancy Dougherty**

CEUs: **Debbie Pintar**

Budget: **Sande Harper**

"Parent" Sponsors

The parents/clients of family child care providers' children collectively donated **\$640** to sponsor providers and decorations. The children's photos were displayed at the conference registration area. The winner of the photo contest for next year's conference brochure came from the home of Lynn Gibson (see "2013 Save the Date" Flyer on page 16 in this newsletter). The following family child care homes collected \$25 or more from parents: **Rendy Bethel-Avila Abbie Bill Karla Carnes Maria Duran Connie Foster Lynn Gibson Bernie Heikkila Karan Hiester Cecily Roberts Jenine Swain Tammy Tener**

Sponsors of Providers!!

We are grateful for the following agencies and Early Learning Coalitions who helped make it possible for **105** providers to attend the conference by giving funding support that may have included partial or full registrations, pre-conference, hotel, travel expenses, and memberships. **Agencies:** Episcopal Children's Services - Clay County (2), Family Child Care PLUS - Tampa Metropolitan Area YMCA (6), Hillsborough County BOCC Head Start/Early Head Start (5), and Palm Beach State College (8) **Early Learning Coalitions:** Duval (5), Florida's Gateway (6), Manatee (5), Miami/Dade (3), Orange (24), Osceola (6), Pasco/Hernando (8), Pinellas (7), Sarasota (9), Seminole (6), SW Florida (5)

56 Conference Workshop Presenters!

We appreciate the time and expertise that you shared with our attendees to keep them well-informed and inspired to continue offering high quality care and early learning for Florida's children.

Adams, Lisa	Eastman, Laura	Kennington, Mary S.	Niemann, Janice
Alexander, Andrea	Faber, Jenn	Kositha, Jeff	O'Carroll, Susan
Allen, Eric	Fernández, Elayna	Krosky, Cynthia	Raggins, Deirdre
Anes, Lisa	Garvey, Corp.Dennis	Laos, Marta M.	Romanosky, Sgt. Kurt
Bill, Abbie	Gibson, Lynn	Lengell, Barbara	Sands, Bethany J.
Buker, Patsy	Goodrich, Mary Ann	Long, Gail, M Ed.	Smith, Dr. Sally
Caffentzis, Carole	Green, Dr. Kordie	Lopez, Paloma	Smith, Sartura
Cannizzaro, Dr. Joseph	Harman, Maryann	Lossano, Renata	Stewart, Peter
Carnes, Karla	Haynes, Lori	Marquez, Mayra	Thompson, Georgia
Carter, Qiana	Hiester, Karan	McGlothlin, LaRonya	Trivers, Kristina P.
Conner, Damaris	Ives, Brenda	Meyerholtz, Vera	Veliz, Oderay
Copeland, Tom	Johnson, Jeff	Mohl, Ron	Weyer, Patricia
Cornelius, Susan B.	Jones, Lucretia	Moore, Matt	Whipkey, Cheryl
Duncan, LuAnn	Jurado, Dr. Mel	Narvaez, Nancy	Wilson, Gwe

19 Conference Exhibitors

A Plus Insurance	Explorations Early L.	Inner Vision	NAFCC
Becker's School Sup.	Elayna Fernandez	Juice Plus	Nemours
Children's Forum	FFCCHA	Kaplan Early Learning	PathfindersUnlimited
Copeland, Tom	FL Fish and Wildlife	Modern Woodmen	Peter Stewart
Doctor Door Stop	Fun Science	Music with "Mar."	

We also want to **thank Sheraton Sand Key Resort Hotel** for the fabulous view of the Gulf and super thanks for the special **Refreshments served at our 20th Anniversary Provider Celebration** on Saturday night!!

Congratulations to

FFCCHA 2012 Award Honorees!!

Submitted by: Nancy Dougherty, Awards Chair

Provider Hall of Fame: Gwen Wilson

Advocate Hall of Fame: Karen Willis

Outstanding NAFCC Accredited Home: Jenny Turnquest

Outstanding Chapter: South Florida Home Child Care Association (Miami/Dade)

Outstanding AHAP (Agencies Helping Associations Prosper):

Family Child Care PLUS – Tampa Metropolitan Area YMCA

Outstanding Provider Sponsor of the Year: ELC of Orange County

Parent Choice:

1st Place: **Amanda Wallace**

2nd Place: **Lynn Gibson**

3rd Place: **Karla Carnes**

Area Rep of the Year: Diane Brown

Chapter Rep of the Year: Liz Jimison

Heart Award: Bernadette Heikkila

Officer of the Year: Connie Foster

Volunteer of the Year: Ashley Pintar

Outstanding Teamwork: Arlene Lambert

Advocate of the Year: Tammy Tener

Service Award (2008-12): Gwen Wilson

Mind Sponsors

The Ultimate Mind: \$5,000 & up

Child Care Services FL DCF

Innovative Minds: \$3,000

State Advisory Council (Registrations)

Inquisitive Minds: \$2,000

A PLUS Insurance Agency

Caring Minds: \$1,000

Lakeshore Learning Materials

Creative Minds: \$500

Alisa Ghazvini

ECPDI

Conference Keynotes and special guests were recognized for their support of family child care.

Friday All-Conference Celebration Luncheon:

Brenda Ives, Elayna Fernandez, Dr. Mel Jurado & Mayor George N. Cretekos of Clearwater

Saturday General Session: Peter Stewart

Saturday Closing Session: Jeff Johnson & Florida House of Representatives James C. (Jim) Frishe

Why Every Family Child Care Home Should Have A Class Garden!

Submitted by: Eva Anderson, Newsletter Editor

Sitting in the classroom of the 2012 Master Gardener's program recently, I found myself wondering how I ended up listening to lectures about insects, bugs that I hated, annuals, and soil types.

My early memories revolve around the garden my grandparents, mother, uncle and aunts grew in the backyard of our homes in Louisiana. Every Saturday, my uncle hauled his old push rototiller (or whatever it was called back then) out of the smoke house, down the hill, across the dirt road and into his 10 acres garden, pulling on the "stupid" starter rope and telling me to "Just stand back! Don't you see I'm working?" (It might have surprised him to learn that he didn't need to till the ground so much to have a fine garden, but they didn't have Master Gardener courses back then).

Because of my experience with my uncle and gardening when I was a child, I have come to love what I have learned in my lifetime as a child. It is such a pleasant feeling to know how to grow your own fresh and organic food for your family and yourself. For the last 16 years, I have been gardening with my own children and well, today, I am teaching my preschoolers in my family child care home for the last 12 years, how to grow, harvest, and eat fresh organic vegetable, and fruits. The preschoolers love every moment of it. In fact, they wish to be outside each day in the garden. Children of all ages, not just preschool, can assist in gardening from start to finish. Perhaps you are wondering "WHY gardening"? As an adult, hopefully you already know the joys of gardening, a hobby that has gone viral in recent years. But lately we're just starting to understand what the experience of gardening can mean for children.

Gardening with children, whether done at home, school, or childcare, we are now finding out that children can reap great benefits from sowing seeds and learning how plants grow. They are eating more veggies that they have grown their selves, and they are finding out the true meaning of where their foods really come from. Programs and organizations have sprung up all over to introduce children to gardening.

These programs - and yours if you choose to incorporate a garden into your programming - achieve goals that include environmental stewardship,

math, language arts, social and emotional skills, science education, meets VPK Standards, practical living skills and just plain FUN that children can enjoy each day while being outside in a garden and learning.



How the goals and skills for your FCCH gardening program get implemented will depend on the ages of the children in your program and how well you love being outside. The first principle - and an important foundation for developmentally appropriate gardening - is that children are active learners. The best teaching occurs when the emphasis is more on involving the child in hands-on interaction, such as help with planning, building, and tending to a garden. Children have a natural curiosity that requires direct sensory experience rather than conceptual generalization. They learn better when they are involved in what they are doing.

Children can learn across the curricula with gardening: All domains of development such as physical, emotional, social, language and cognitive-change in a predictable way can be learned by involving the children in your childcare with a garden. Gardening can be so much fun when you love what you are doing, as a Master Gardener and Gardener Instructor, it is GREAT!

It is so easy and simple to garden with the children in your care. All you need is soil, a container that holds soil, proper drainage, and seeds. Any containers, such as an ice cream, coffee, cardboard boxes, old shoes or margarine/butter containers will do. Long gone are the old days when you had to dig rows and rows to have a garden, raised bed and container gardening is the new waves now.

Gardening and young children just seem to go together. Dirt or as a Master Gardener would say "soil", water, nibbling in the garden and a rainbow of colors are good for the human soul. Bring the child out in you through gardening. Give gardening a try, you'll like it, if not, your children in your childcare will enjoy being outside as they learn.

For more information about gardening contact
myladvava@gmail.com



**9207 Edgemont Lane
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Register for:
Aug 18-19 Meeting in Ocala
Lunch, Hotel & Training
Aug 28 Webinar: Contracts/
Policies